

## Trainers

**Dr. Novella Perrin**, Ph.D, Retired Assistant Provost for Research and Dean of the Graduate School at the University of Central Missouri in Warrensburg, was also a professor of sociology and the Director of the UCM Gerontology Institute. She is a consultant and author of numerous books and articles as well as a frequent presenter at local, state and national meetings on aging related issues. Her most current research focuses on behavioral management of Alzheimer's Disease, nurse aide retention, rural aging, elder abuse and aging in place. Dr. Perrin also is active in numerous professional and service organizations.

**Penny Shaffer** R.N., M.A., is Program Director for Health and Human Services at Johnson County Community College. She has 38 years of nursing experience and specializes in geriatric mental health. Penny has developed several hospital based and outpatient services for seniors with dementia and has served as a mental health consultant to nursing homes and assisted living facilities across western Missouri and east central Kansas for many years. She has taught dementia care for the Alzheimer's Association and sits on numerous panels for elder mental health, abuse and neglect issues. Shaffer is a national speaker and published author of articles on aging, dementia and mental health.

## Questions

If you have questions about this workshop, please contact Keith Sappington at 573-635-8750 or via email at [keith@malarcf.org](mailto:keith@malarcf.org)



2407B Hyde Park Road  
Jefferson City, MO 65109



presents



# ALF Resident Assessment Training

# 24-Hour Mandated Training for Assisted Living Facilities

## Training Objective

As required by 198.005 RSMo and 19 CSR 30-86.047, residents of Assisted Living Facilities are required to undergo a community based assessment performed by an appropriately trained and qualified individual. This individual must complete a DHSS approved 24-hour training program prior to performing resident assessments. The MALA ALF Assessment Training satisfies this regulatory requirement.

## Who Should Attend?

Anyone who wants training on issues relating to the elderly, aging, certain people with mental illness, and community-based assessments can attend this training.

To meet the statutory and regulatory requirements related to community based assessments, only appropriately trained and qualified individuals may perform the assessment. The term “appropriately trained and qualified” is defined by the following characteristics/credentials:

- Licensed or registered with the State of Missouri in a health care related field, **OR**
- Hold a degree in a health care, social services, or human services field, **OR**
- Licensed under Chapter 344, RSMo (Licensed Nursing Home Administrator), **AND**
- Received facility orientation training under 19 CSR 30-86.047(62), and dementia training under section 192.2000, RSMo.

## Dates & Locations

When:

**March 30, 31, April 1, 2020**

**November 2, 3, 4 2020**

Where: **Best Western Capital Inn**

**1937 Christy Drive**

**Jefferson City, MO 65101**

**573-635-4175**

**Special MALA room rate available for overnight stays booked 30 days prior to event.**

## Registration Information

Please visit the MALA web site [www.malarcf.org](http://www.malarcf.org) (under Trainings and Events) for registration forms.

Member Registration Fee: \$275/person

Non-Member Registration Fee: \$325/person

## Accreditation

MALA is an approved provider of continuing education through the Missouri Board of Nursing Home Administrators (BNHA). This training is Approved for 11.0 Patient Care hours and 13.0 Administrative hours under training agency Number #TA-046-22 Certificates will be distributed upon conclusion of the workshop.

## Agenda

8:00am - 5:30pm Each Day

### Day 1

- Senate Bill 616 / DHSS ALF Regulations
- Demographics
- Normal Aging
- Chronic Diseases
- Healthcare Ethics
- Approved Pre-Screening Tool for Admission Practice Cases
- Falls and Fall Prevention
- Nutrition
- Incontinence

### Day 2

- Culture Change/Resident Rights
- Activities of Daily Living & Instrumental Activities of Daily Living
- Mental Health/Depression/Suicide
- Approved Community Based Assessment Forms /Practice Case Using CBA Forms

### Day 3

- Alzheimer's Disease
- Psycho-Social Aspects of Aging
- Communication and Interviewing Skills & Establishing a Proper Interview Environment/Practice Case
- Individual Service Plans/Writing Individual Service Plans
- Elder Abuse

## Please Note

Agenda is subject to changes. Lunch is on your own.